

**SOCIAL CREDIT ZONE
MEETING POSTPONED**

The Zone Assembly meeting which was to have been held on Wednesday March 24th, had to be postponed due to unfavorable weather, and will be held on April 7th in the I.O.O.F. Hall at 8 p.m. Members please note the date, and kindly attend.

Crowfoot Notes

(Irene M. Hefflebower, Correspondent)

Roads around Crowfoot are still badly drifted—the warm sun may soon make it possible to get around again.

Mr. and Mrs. Malin and children of Calgary were Easter guests at the Rodbourne home, and Mr. Rodbourne and daughter, Mrs. Bluer, returned to Calgary with them to remain a couple

Miss Edith Weeks spent a few days visiting with Mr. and Mrs. E. W. Campbell and family

—O—
Mr. George Bray returned from
Spokane where he spent the winter
months.

—O—
Mr. Arthur Guyatt and son, Morris
are both laid up with the flu.
—O—
Mr. Howard

Miss Alice Fortney was a week end guest at the Heffleboer home.

—O—
Miss Edith Smith is spending the Easter holidays with her parents in Calgary.

There have been several coyotes caught in this vicinity this winter also many skunks.

Mrs. E. H. Campbell returned home after being in the Bassano Hospital for several days.

Sid, Tom and Arthur Redbourn

Verle Campbell, Bill Rodbourne and

Ollie Roosen drove to Cluny on Monday.
—O—
Miss Opal Taylor visited in Bakersfield for a few days.

—O—
Miss Hazel Barlow is spending the
holidays with her parents in Bazaar
—O—
Miss Jean Walters has gone to Bazaar

Mr. Ralph Arrison, Principal of the Rosemary School, is spending a few days with his folks at the farm.

—O—
Miss Alice Norwicki will be practice teacher from Normal this year.
—O—

Mr. Tom Rodbourne was a sup-
 guest at the home of E. W. Campbe-
 one night this week.

—O—

Mrs. Waygood and son, Billy, spe-

Mr. and Mrs. Joe Burger and daughter, Joyce, spent a few days with friends and relatives in Arrowwood.

—O—
The Bassano Mutual Telephone Co. owned by the farmers of Crowfoot and Makepeace districts, is a means of knowing our neighbors are alive.

Mr. Todd of Toronto, writes of

rain maker, and who is desirous coming out here to demonstrate his ability to produce rain as needed. It would indeed be a wonderful thing if we could get this rain when

need it. This man claims he can produce rain to cover an area of 2 square miles. He would make three demonstrations during the summer.

They are very eager to have a thousand people sign up for a dollar each for the first demonstration. How great is your faith?

Miss Eleanor Hefflebower returned to Calgary after visiting her mother over Easter.

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BASSANO RECORDER

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NORMAN G. CARY,

Publisher

E. I. D. REPORT

The report of the Eastern Irrigation District management for 1936 is an encouraging document judging from its contents.

On the cash side it shows all expenses to have been paid out of revenue with an operating surplus of something in excess of \$9,000.00. This is the second time this has occurred in the District's History, and is something to lend assurance as to the ultimate success of the project.

Adequate provision is made for reserves against collection of water rates, and other purposes, and the entire financial side of the picture looks good.

While 14,000 acres of land were abandoned as unsuitable for irrigation, this was more than made up by additional lands brought under the ditch chiefly between Brooks and Duchess. Altogether last year there was something in excess of 100,000 acres of land under water.

The water rate for last year was \$1.75 per acre and according to the statement the average cost of delivering water in 1936 was \$1.66 per acre. The cost at Duchess was the lowest and at Bassano the highest, chiefly because settlement is not nearly so great at this point.

The past few years as a whole have been good ones for irrigation farmers. There has been a good market at fair prices for produce, and the outlook for the future bright, due mainly to the fact that the men on the land can see daylight in their financial affairs and have some prospect of ultimately becoming owners of their land without any burden of debt hanging around their necks.

The great objection to land tenure in the E. I. D. during the time it was operated by the C. P. R. was the fact that the farmers never could see how it could be possible for them to finally pay for their land.

With the price reductions made possible by the deal with the C. P. R. this cloud has been removed and in time, if it is not now true, more than 1,000 individuals will become "home-owners" in the real sense of that term.

A particularly gratifying aspect of the District report is the fact that the \$300,000.00 received from the C. P. R. is still intact, and with more than \$800,000.00 due the District from the sale of lands, most of which will be paid, it looks as if the District is sound financially.

RELATIVITY AND SOCIAL CREDIT

Some years ago Professor Einstein, the great German Jewish mathematician, developed a theory which has since become known as "Einstein's Theory of Relativity."

It was said that only seven men in the entire world were capable of understanding the theory, including Eamon De Valera, President of the Irish Free State. At any rate, few men do.

Someone has suggested that the Social Credit theory is like unto that of Relativity, inasmuch as there are only seven men in the world who really understand it, and Major Douglas is all seven of them.

GOVERNMENT RETRENCHMENT

The Crown Grazing Lands Branch of the Department of Lands and Mines has been abolished by the Provincial Government on the grounds that there is "not enough work" to be done by the men employed.

At one time this branch of the service was considered rather important to the ranchers and stockmen, and it is to be hoped that in discontinuing the Branch, the service rendered in the past will not be altogether abandoned. If so, it would indicate that the stock industry of Alberta is not as important as it was once thought to be. This we refuse to believe.

Gordon Forster of Hutton, Ex-M. L. A. for the Hand Hills Riding, held the post of Inspector, having been appointed by the U. F. A. in its dying moments. The supposition, of course, is that Mr. Forster will now leave the Civil Service.

CAUCUS AND ORDER IN COUNCIL

Legislators in these days shift the burden of responsibility of doing anything on to the shoulders of a commission if it involves anything contentious. That is a rule which deceives nobody.

Government by Order in Council is another highly unpopular method of ruling a country, and the sooner M. P.'s and M. L. A.'s realize the fact, the better it will be for themselves.

Another institution of our form of Government, which does not appeal to the public is the habit of deciding what is to be done in caucus. Probably the unpopularity arises from the fact that discussions in caucus are supposed to be secret and are not open to the press or public.

We realize that orders-in-council are necessary, and so probably is the caucus—but we do suggest that both are being rather sadly over-worked these days.

LUCKY

An Idaho Hermit, 92 years of age, has never seen an automobile. Someone tries to remark that he doesn't know what is missing him. Others who do own them, sometimes wish they were as fortunate as the hermit.

FISH OF THE DAY

Fish makes a tempting party dish. In the seasoning, one may attain quite appetizing effects from the use in cooking, and in sauces, of such simple seasoning agents as prepared mustard, Worcestershire sauce, ketchup, chili, tabasco, onion and vegetable stock preparation while orange and lemon, grapes, pineapple, eggs and olive give a range of flavor possibilities that add immeasurably to any fish under the sun.

Very little imagination is used in the average home for the seasoning and serving of fish. Yet, gastronomy is quite a trick, and color has its importance, for food should be as enticingly and beautifully garnished as the maples in their Fall costumes.

If you are planning a party, surprise your family and guests by serving them fish. Take them without steak. Dip your steaks in finely sliced bread crumbs, seasoned with salt and pepper, and a little Worcestershire, and fry them in salad oil. The oil, cooking is splendid, for the fish does not stick to the frying pan, does not burn or smoke, and cooks and browns to perfection.

For the sauce make a light-textured cream sauce, using two table-spoons of butter and one tablespoon of flour to two cups of milk, or one and a half cups of milk and a half cup of cream or evaporated milk, well seasoned with salt, pepper, paprika and about a teaspoon of Worcestershire Sauce. If you wish to be particularly festive, add a can of mushrooms, cut them fine and add to the sauce. Cooking the whole for half an hour, basting it while cooking—with the fish heater occasionally—will bring the can be added at will; grape-slices of orange and lemon are appetizing.

Fish, if nicely prepared, is a dish any cook may be proud to serve. It can be used in so many ways. Fish with fish, fish with fruit, fish with crisp salads, with mushrooms, with onions and peppers and sweet herbs. Nature is not narrow-minded. She provides the fruits of the earth; and combined with a little imagination, fish can be as thrilling as a Nerion banquet.

And in addition to its ability to please our palate, fish has the power to supply our thyroid glands by furnishing plenty of iodine. Sea foods are most excellent providers of this necessary element and it was even reported several years ago that the presence of salmon, an important part of the diet of the Indians of the Northwest was sufficient to account for their freedom from simple goiter, a disease prevalent throughout the surrounding country. The white people, who failed to use the salmon which came up the stream to their doors, were almost all afflicted. Thus in inland regions, where simple goiter is a danger, the taste for sea food is a valuable one to cultivate and the use of it wherever it is available, should be encouraged.

Don't throw away any trimmings or bones of fish, but if you are using fish that requires trimming and has bones, throw these instead into the kettle with a little pepper corn, a bit of onion, and salt pepper. Cover with cold water and simmer until reduced to a good strong stock. It forms the basis of many fish sauces.

Fish Soup is delicious, too. On a recent trip to England, Elizabeth of Here famous dishes are connected to tempt the palate of Kings and peasants. It is here Elizabeth Craig writes articles which, set the housewives of England agog—it did not lose a printed series of articles, showing that the English housewife wants more food down the sink than would pay off the national debt. It is her job to show them how to economize—how to make up dishes which will be tasty as well as nutritious, and her fame has spread far and wide over her soup dishes.

Here is the recipe for her famous fish soup: Three quarters of a pound of sole or three quarters of a pound of haddock steak. Place in a saucepan and cover with one quart of cold water and chop some small onion fine. Cook slowly for ten minutes. Strain. Remove fish from bones. Take half a pint of milk and three medium sized tomatoes, sliced, 3 heaping tablespoons of potatoes (sliced), 1 tablespoon of butter, 1 table-spoon of flour and half a pint of milk and stir in the shredded fish and liquor and cook. Season with pepper, salt and paprika and thick with milk to the right consistency. This makes a delicious soup. ... mordinating and tasty.

Put one cup of flakes Canadian fish with onion, salt, pepper and one cup cooked macaroni. Add to heat on fire. Form into small round cakes, place in buttered pan and bake until gently browned. Serve hot on rounds of toast with tomato-sauce.

LOUIS CONN Phone 7

GROCERY SPECIALS

2 Solder on Sale at 35c
Roller Oats, China or Silver Ware 35c
Canned, Chip or Crystal, Special, any 3 for 45c
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Quick Arrow Soap Chips, Reg. Sic on Special, 3 Boxes 35c
Herring in Tomato Sauce, Reg. 25c, on Special, 3 tins for 25c
Salmon, Fancy Pink, 3 tins for 25c or 5 tins for 25c
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Blue Ribbon Coffee, Put Up in 1 lb. Sealers, 5c, or 5 lb. Sealers 25c

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New's Work Shoes 83.95 Dress Socks, 4 pair 95c
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Fresh Pork Roasts, choice, per pound 15c
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Floor and Table covering, specials, fancy patterns.
Table Oil Cloth, regular size and 66c on special at 45c yard
Floor Coverings, Regular 1.50, on special 1.25, 72 in. wide
Special Prices on 7x7, 8x8, and 10x10 rugs.

FRESH FRUITS AND VEGETABLES ALWAYS ON HAND

THE WEALTH OF A NATION IS HEALTH OF ITS PEOPLE

"The wealth of a Nation is the health of its people," said Dr. H. A. Bruce, Lieut. Governor of Ontario speaking recently before the Ontario Medical Association. "The greatest common sense of the day is of a nation not yet fully grown will not patiently endure the frustration of its plans for future progress in national health."

"We are no longer considering the wealth of an individual, but of millions of individuals," said Dr. Bruce. "We are speaking of the health of a nation. As soon as we do this we recognize that this is no longer a matter of individual responsibility of a doctor but a very much bigger and more complicated matter which may be divided into three parts—the doctor, the people, and the state."

Dr. Bruce said the difficulty was in getting them to work together on some amiable understanding. Until this was done there would be complaints, misunderstandings, inefficiency and flagrant injustices.

"National health is, or should be, the most important consideration of all three of them," he said. Dr. Bruce suggested all the ministers of health of each province lay the facts before a royal commission, and that medical organizations of each province be called into consultation.

"It must be obvious, for example, that health insurance is a problem which cannot be solved piecemeal, but only by concerted national plans carried out on a Dominion-wide basis. The absurdity of our adherence to the policy of making each province in turn responsible for matters which by their nature are federal in character if we regard health, for a moment, from a medical point of view. Are there any diseases, any epidemics any illnesses peculiar to or which can be confined to any one province? Do the citizens of Manitoba or New Brunswick or Alberta differ in their needs as far as their health is concerned? Is not the problem of health in its essentials identical wherever men and women live and labor in this Dominion? Is it unnecessary for me to answer these questions? And yet we continue to regard health problems as a local in character. We duplicate many times whereby the difficulty of what should be regarded as a simple and a national problem calling for national action."

In linked harmony the doctor, the people and the state must together formulate policies and enact social legislation which will be as a buttress to the laboratory brought; but will form the complete structure of our democracy, founded on political liberty and designed to ensure to every man his rights. But liberty itself is mocked and will be held in contempt, and the rights of man will become but a hollow parody or unrealism, if we seek by social legislation to give these words and phrases the body and form of reality. The wealth of a nation is the health of its people. The robust common sense of its citizens not full grown will not patiently endure the frustration of its plans for future progress in national health."

"Food they must have, clothing and shelter, for without these their character, their life above and around and beneath those three eternally

Classified Ads

Classified ads are charged at the rate of 10 words for 25c per line, each additional word for each line Minimum 25c.

FOR SALE—Buffet, Extension table with two leaves, Ice Box, Quartz and Pin Scales, Tire Chains, Tools (assorted). See J. T. Fraser, Phone 24.

For Sale—Baby Buggy, 2nd. Por burner Oil Stove. Apply to Ralph Burrows. 11-2 p.

For Sale—Four-wheel trailer, fair rubber, Buick Chassis, Station Agent Heater, in A-1 shape, four sets work harness in good shape. Apply J. T. Harris, Box 114, Bassano. 11-2 p.



Men break horses, and horses in turn frequently break men. When a man requires money he at once becomes a very discriminating judge of a car.

Some men cannot convince themselves that chairs were made for any other purpose than to sit on. If it is the first drink that causes all the trouble, a wise man will cut it out, and start in on the second.

CANADIAN PNEUMATIC

THE CASINGS PRODUCTION

The remarkable Canadian export of pneumatic tire casings continues to grow. It amounted to \$57,743 in January as against \$42,655 a year ago. These went to no fewer than 71 countries, or groups of countries. The larger consignments went to the following: New Zealand \$24,813, British South Africa \$20,885, Brazil \$4,610, Venezuela \$12,291, Sweden \$4,222, Palestine \$14,287, Colombia \$12,627, Gold Coast \$12,139, Straits Settlements, \$17,587, Jamaica \$17,560, France \$14,641, Portugal \$12,991. None went to Spain or Spanish Africa.

over the shadows of disease and illness and mortal suffering. To escape these we must first yield to all men and women and children the portals of the sanctuary of health and healing, so that there they find the rest from their physical affliction which they need, but which is pathetically and so unjustly they are today unable to afford without their character, their life above and around and beneath those three eternally

Phone - 34

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Sunday, April 16th, 1937, at 11 a.m.

Holy Communion and Sermon

Rev. J. H. Naylor.

Knox Presbyterian Church

Sunday School, 11 a.m.

Evening Service, 7:30 p.m.

The First Miracle of Jesus Christ

The Water Into Wine, or

A Bird's Eye View of Gospel

of John

Speaker: Mr. C. W. Picking.

All Welcome

Peek Frean Biscuits: Assorted, such as Ab-
ernethy, Digestive, Oval Tea, Brazil Creams,
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